



Arolygiaeth Gofal
Cymru
Care Inspectorate
Wales

Inspection Report

Ty

Ty Aberdafen



The Brain Injury Rehabilitation Centre, The Avenue Morfa, Llanelli, SA15 2DP



01554740720



www.thedtgroup.org

Date(s) of inspection visit(s):

13/05/2025, 02/06/2025, 28/07/2025,
06/08/2025

Service Information:

Operated by:	The Disabilities Trust
Care Type:	Care Home Service Adults Without Nursing
Provision for:	Care home for adults - with personal care
Registered places:	24
Main language(s):	English
Promotion of Welsh language and culture:	The service provider is not meeting the Welsh language and culture needs of people and this requires improvement.

Ratings:



Well-being

Good



Care & Support

Good



Environment

Good



Leadership & Management

Good

Summary:

Ty Aberdafen is located in Morfa, Llanelli. The service provides residential accommodation, personal care, rehabilitation therapy, and support for people with a range of needs resulting from different forms of acquired brain injury.

During this inspection, the rating awarded for Wellbeing is 'Good', as people are involved in a range of meaningful activities, their views and suggestions are sought and valued, and people tell us they feel safe. The rating awarded for Care and Support is 'Good', as the person and /or their representatives are involved in planning their care. There is appropriate involvement of a range of health, medical and other professionals in people's care when needed. The rating awarded for the Environment is 'Good', as the service is well maintained, safe and homely. The rating awarded for Leadership and Management is 'Good', as the service is led (at the time of the inspection) by a peripatetic manager and Responsible Individual (RI) who are respected by a well-trained and dedicated staff team.

Findings:



Well-being

Good

People are involved in making decisions which affect them. People's views and suggestions are gathered by the peripatetic manager during individual and group meetings. Actions taken by the manager from these meetings are well documented. People offer their opinions and suggestions during the RI's visits to the service. People spoken with confirmed they had the meals they liked and there were always choices available to them, including where they have their meal. Individuals are actively involved in their care planning and reviews. People attend activities and events which are important to them. The activities people engage in, are directed by their hobbies, interests and religious beliefs.

People's communication needs are suitably met. People are supported to communicate in a range of accessible and inclusive ways. These are clearly documented in care records, understood by staff and observed during the inspection visits. People are treated with dignity and respect. Throughout the period of the inspection visit staff interacted with people in a friendly, kind and respectful manner. People are afforded space when needed, are listened to and offered choices to support and inform them. People are safe and protected from abuse and neglect where this is possible.

People told us they feel safe and can raise concerns; they told us "*I know I can discuss any concerns*", "*I feel safe here*" *I will speak to staff if I am concerned about something*". The peripatetic manager has an open door policy and some people choose to visit their office to speak directly to her with any concerns they have.



Care & Support

Good

People receive the quality of care and support they need to achieve their personal outcomes. Care records are produced and reviewed in conjunction with the person, health professionals and their representative wherever possible. Plans are detailed and provide a sense of the individual, their care needs and how the person chooses to have their care provided. Care plans and associated risk assessments are reviewed and updated regularly.

Care and support is person centred and geared around their needs, wishes and aspirations. Staff support people in a kind and professional manner. There is strong evidence to demonstrate a range of health, medical and other professionals are involved in people's care and support when required. This is well documented in care records.

Care workers demonstrate a good understanding of the people they provide care and support to and speak very positively about working in the service. One care worker told us *"it really is a great place to work; the people we support make it so rewarding"*. People are protected from harm and abuse. The peripatetic manager and staff attend a range of safeguarding training and are clear on their roles and responsibilities in reporting any concerns and keeping people safe. Care workers have a good understanding of the vulnerability of the people they support and are aware of the visual, verbal and non-verbal communication used by individuals to indicate how they are feeling. Staff practice is supported by policies and procedures which are accessible and regularly reviewed.



Environment

Good

People's health and well-being is supported by an environment which is safe. The Priority Action Notice issued in the last inspection has been addressed by the provider. Inspection of the electrical installation has been undertaken. Care Inspectorate Wales (CIW) has also received written evidence to corroborate this. There is a system of maintenance monitoring and auditing in place. There is a maintenance schedule and renewal programme for the fabric and decoration of the premises.

People's bedrooms are personalised and have facilities and equipment which is suitable for the individual. There are effective security and health and safety measures in place, including all visitors having to sign in and out of the service, in addition to identifying themselves. Cleaning fluids are safely locked away when not in use, firefighting equipment is regularly serviced, and exits are free from obstructions.

People have access to a variety of different private and communal spaces and their needs and preferences are taken into consideration. People choose the décor of their bedrooms, and these are personalised according to their preferences and particular requirements. The communal gardens are accessible and welcoming for people to enjoy.



Leadership & Management

Good

People are supported to achieve their outcomes because the service provider has effective organisational arrangements, governance and oversight of the service. The RI visits the service regularly and completes detailed quarterly reports. Quality of Care reports are produced six monthly and CIW has received copies of these. There are a range of quality audits undertaken by the RI and manager. The information obtained from the audits are used to help improve the service. The RI works closely with the peripatetic manager and both are respected by the staff team. The peripatetic manager speaks highly of the RI and the professional and supportive relationship they have developed. The service operates within its Statement of Purpose and notifies CIW of reportable issues in a timely manner.

People are supported by staff with the necessary expertise, skills, and qualifications to meet people's care and support needs. Care workers undergo a thorough recruitment process with all required checks and clearances in place prior to them commencing employment in the service. Following their recruitment, care workers receive a good induction which is complimented by an ongoing training and development programme. This is corroborated by the staff records we have read. Care workers speak positively about the training and the regular one-to-one supervision and support they receive, they told us *"we do loads of training, both eLearning and face to face. It's really good"*, *"I now have regular supervision and the training we have is excellent"* and *"I have regular supervision, but I know I can speak to any of the managers at any time for support"*. Therefore, the two Areas for Improvement around staff recruitment and staff supervision identified in the last inspection have been addressed.

Areas identified for improvement

Where we identify **Areas for Improvement** but we have not found outcomes for people to be at immediate or significant risk, we discuss these with the provider. We expect the provider to take action and we will follow this up at the next inspection.

Where we find outcomes for people **require significant improvement** and/or there is risk to people's well-being we identify areas for **Priority Action**. In these circumstances we issue a Priority Action Notice(s) to the Provider, and they must take immediate steps to make improvements. We will inspect again within six months to check improvements have been made and outcomes for people have improved.

CIW has no areas for improvement identified following this inspection.

CIW has not issued any Priority action notices following this inspection.

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